



10 Staycation Ideas for Summer

PLAY TOURIST IN YOUR OWN TOWN - What sights, scenes and activities would you recommend for any visiting family or friends? Try those out with the eyes and attitude of a tourist.

TRY AN ONLINE EXERCISE CLASS - Check out *Fitness Blender* on their YouTube Channel that features over 600 workouts suitable for all fitness levels.

TAKE A DAY TRIP - With many great small towns in our area, no need to book an overnight stay. Hop in the car for a one-day getaway. Grab lunch or coffee outside and make it a fun adventure.

CAMP IN YOUR OWN BACKYARD - Why not enjoy the great outdoors in your own backyard? Set up a tent and sleeping bags, build a fire (or use the grill) to cook s'mores, and take turns telling ghost stories.

HOST A FAMILY FILM FESTIVAL NIGHT - Allow each family member to pick a movie, then get comfortable for a day of movies. Be sure to provide plenty of snacks, and take breaks to discuss and rate each film.

HAVE A SPA DAY - To get even more bang for your buck, grab a few face masks, some mani-pedi supplies, and have a DIY spa day.

GET OUTSIDE - Lace up your hiking boots, visit a nearby park, or walk along the beach. Soaking up some nature will help balance out your well-earned couch time.

SPEND THE DAY AT THE LAKE - Spend a day at the lake. Swim, rent a small boat, explore trails, enjoy the scenery and the cool breeze or just soak up some sun while maintaining physical distancing.

GO TO A VIRTUAL MUSEUM - Check out www.virtualmuseum.ca for the largest source of stories and experiences shared by Canada's museums and heritage organizations.

FINISH A PROJECT YOU PUT ON HOLD - Organize your digital photos to create a photo book, building a new patio, or redecorating the family room.

Our offices will be closed
11:30am - 2:30pm
Wednesday August 12th, 2020
for our
Employee Appreciation
Lunch

Reduce waste and contribute to saving our natural resources by subscribing to paperless billing. Save a \$1.00 each month on your Quadro statement by stopping your paper bill and going paperless. Call: 519-229-8933 or visit www.quadro.net/support/smarthub for online instructions to change your billing preferences.

QUADRO
EMPLOYEE YEARS
OF SERVICE RECOGNITION

In honour of their time, effort and dedication to Quadro, the following employees are recognized for their years of service.

June 2020
LEANNE LUELO - 5 Years
Customer Service Team Member

July 2020
VANESSA VANDENBERG
- 10 Years
Finance & Human Resource Manager

Free Previews

CTV News	Channel 391	Ends August 31 st
CP24	Channel 398	Ends August 31 st
Sportsnet 360	Channel 43	Ends September 30 th
HGTV	Channel 46	Ends September 30 th
History	Channel 51	Ends September 30 th
Showcase	Channel 521	Ends September 30 th



Our Kirkton, Mitchell & St. Marys locations are open **BY APPOINTMENT ONLY**

Monday - Friday 9:00am - 5:00pm

Please call 519.229.8933 to make an appointment or speak with one of our Customer Service team members.

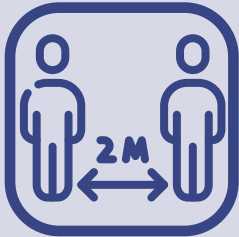
How are we keeping you and our staff safe?



Face masks are recommended.



Sanitize your hands upon entering.



Practice physical distancing.
Please follow floor markings.



One Customer at a time.
Please be patient with us.



Frequent disinfection after each customer.



Curbside pickup and contactless delivery still available.

Our doors will be locked. If you have an appointment, we will welcome you at your scheduled time. We look forward to serving you safely.